

## CLUB CHAMPIONSHIPS - December 2006

THURSO Amateur Swimming Club held its annual prize-giving disco in Skinandi's nightclub recently to award the prizes from the 2006 club gala. The presentations were made by recently-retired pool supervisor David Malcolm.

Beginners' breadth certificates were awarded to Mirren Buchanan, Gemma Cormack, Grace McCafferty, Eilidh Sinclair, Mirren Cormack, Kimberley James, Morven Macleod, Toni Baird, Emma Mackay, Taylor Davidson, Jack Andrews, Craig Geddes, Ryan Watt, David Henderson, Dillan Kerr, Scott Yuille, Craig Yuille and Alan Cowan.

Beginners' length certificates were awarded to Kelly Campbell, Melissa Cardosi,

Natalie Cardosi, Hannah Macleod, Stuart Smith, Danny Hitchin, Paul Mackenzie, Matthew Stanger, Jamie Powell, Christopher Stanger, Jordan Bain, Craig Kennedy and James McCafferty.

Junior handicap - Girls' 50m events: 1, Chloe Mackenzie; 2, Samantha Turner; 3, Ashlyne Mackay. Overall champion and David Malcolm Shield: Chloe Mackenzie. Boys' 50m events: 1, Stewart Coulden-Smith; 2, Jason Ridgley; 3, Robin Foster; 4, Bruce Stewart. Overall champion and David Malcolm Shield: Stewart Coulden-Smith.

Eight years and under - Girls' 25m events: Emma Budge, 1st fly, back, breast and freestyle; Isla Cartwright 2nd fly, back, breast and free. Overall champion and Thurso and District Circle Trophy: Emma Budge.

Nine years - Girls' 25m events: Nicole Cowie, 1st breast and fly, 2nd eq back, 2nd eq free; Kerry Moran, 1st back and free, 2nd breast; Samantha Angus, 2nd eq free, 3rd breast; Chloe Sinclair, 2nd eq back, 4th breast; Eilidh Geddes, 4th back and free. Overall champion and Thurso Amateur Swimming Club Trophy: Nicole Cowie.

Boys' 25m events: Tim Ridgley, 1st breast, back and free, 2nd fly; Joe Spencer, 1st fly, 2nd back, 4th free; Lewis Mackay, 2nd free, 3rd back; Colin Buchanan, 3rd free, 4th back. Overall champion and Thurso Amateur Swimming Club Trophy: Tim Ridgley.

Ten years - Girls' 50m events: Laura Stewart, 1st breast, free and back, 2nd fly; Maree Sutherland, 1st fly, 3rd back and free; Rebecca Cummings, 2nd back and free; Sarah Henderson, 2nd breast, 4th free; Ashleigh Peddie, 3rd breast and fly. Overall champion and Thurso Amateur Swimming Club Rosebowl: Laura Stewart.

Boys' 50m events: Aiden Chard, 1st breast and free; Connor Mackay, 1st back, 2nd free. Overall champion and Plummer Rosebowl: Aiden Chard.

11/12 years - Girls' 50m events : Cassandra Henderson, 1st back, breast and fly, 2nd free; Kelly Tadd, 1st free, 2nd breast and back, 4th fly; Maisie Moran, 3rd breast, back and fly, 4th free; Aimee Begg, 2nd fly; Sophie Macleod, 3rd free; Stephanie Turner, 4th breast and back. Overall champion and Thurso Town Improvements Association Cup: Cassandra Henderson.

Boys' 50m events: Jack Buchanan, 1st fly, back, breast and free; Shaun Gray, 2nd back and free, 3rd breast and fly; Mark Budge, 2nd breast, 3rd free, 4th back and fly; Shaun Davidson, 2nd fly, 4th free; Robbie Campbell, 3rd back, 4th breast. Overall champion and Thurso Town Improvements Association Cup: Jack Buchanan.

Junior - Girls' 100m events: Morven Shuttleworth, 1st back and free, 2nd breast and fly; Ashley Mackenzie, 1st breast and fly, 2nd free and back; Rhona Cartwright, 3rd breast, back and free, 4th fly; Jodi Foster, 3rd fly;

Shannon Noble, 4th breast; Gemma Tadd, 4th free. Overall champions and Transport & General Workers Union Cup: Morven Shuttleworth and Ashley Mackenzie.

Boys' 100m events: Craig Spargo, 1st fly and free, 2nd back, 4th breast; Ryan Sutherland, 1st back, 2nd free and breast, 3rd fly; Martin Cowie, 1st breast, 3rd free, 4th back and fly; Ranaid Cartwright, 2nd fly, 3rd breast and back, 4th free. Overall champion and Transport & General Workers Union Cup: Craig Spargo.

Senior - Girls' 100m events: Gemma Scott, 1st fly, back and breast, 2nd free; Catriona Quirie, 1st free, 2nd fly, back and breast; Gillian Firth, 3rd fly, back, breast and free. Overall champion and Davidson Trophy: Gemma Scott.

Boys' 100m events: David Sutherland, 1st fly, free and breast, 2nd back; Steven Mackenzie, 1st back, 3rd fly and free, 4th breast; Scott Mackenzie, 2nd fly and breast, 4th back and free; Jason Foster, 2nd free, 3rd breast and back. Overall champion and Davidson Trophy: David Sutherland.

Junior/senior trophies - Girls' 100m events: Gemma Scott, backstroke, Lynn Adam Cup, and butterfly, Powell Cup; Ashley Mackenzie, breaststroke, K. Edmonds Cup; Catriona Quirie, freestyle, Sinclair Cup.

Boys' 100m events: David Sutherland, butterfly, Robb Cup, and freestyle, President's Cup; Ryan Sutherland, backstroke, Lynn Adam Cup; Martin Cowie, breaststroke, K. Edmonds Cup.

Masters - Women's 50m events (after age adjustment): Catherine Murray, 1st fly, back, breast and free. Overall champion and Sutherlands Pharmacy Silver Salver: Catherine Murray. Men 50m events (after age adjustment): Peter Russell, 1st fly, back, breast and free; Jim McCafferty, 2nd back, fly and free, 2nd eq, breast; Jonathan Morgan 2nd eq, breast, 3rd back and fly, 4th free; David Spencer 3rd free, 4th back, breast and fly. Overall champion and Sutherlands Pharmacy Silver Salver: Peter Russell.

50m freestyle open - Girls: 1, Catriona Quirie; 2, Gemma Scott; 3, Morven Shuttleworth; 4, Gillian Firth. Open champion and Belbin Trophy: Catriona Quirie. Boys: 1, Steven Mackenzie; 2, Jason Foster; 3, David Sutherland; 4, Ryan Sutherland. Open champion and Royal Mail Letters Trophy: Steven Mackenzie.

The Westerseat Cup for swim of the night was awarded by the coaches to eight-year-old Emma Budge. Emma swam an excellent race to break the long-standing gala record for the eight years and under 25m freestyle with an impressive time of 18.60s. Another new gala record of 1.03.64s was set by Ryan Sutherland in the junior/senior 100m backstroke.

The coaches also awarded the Malcolm Trophies for best performers at North District and national events to Craig Spargo (14) and Catriona Quirie (17).

Craig has put in some excellent performances at both district and national levels throughout the past year. In April, he finished as Scottish champion in the 13-years boys' 200m butterfly at the national age-groups held in Glasgow, stopping the clock at 2.30.9s. He also helped the Highland boys relay team (including TASC teammates Ryan Sutherland and Martin Cowie) to gold in both the freestyle and medley events at the Scottish Open in June. Craig also added 12 North District medals to his haul.

Catriona swam well at several North District meets, collecting medals in 50m, 100m, 200m, 400m and 800m freestyle events. Catriona also competed at the Scottish 5km championships where she finished first in her age group, touching in one hour seven minutes.

A-squad coach Andy Foster presented a special award to the members of the successful TASC relays team from the North District sprint event. The girls' team of Morven Shuttleworh, Ashley Mackenzie, Gemma Scott and Catriona Quirie collected silver in the medley event, a mere 0.03s away from gold. The boys' medley team of Ryan Sutherland, Martin Cowie, Scott Mackenzie and David Sutherland finished the meet as North District champions.

The freestyle team, Jason Foster, Ryan, Scott and David, added silver to their tally, with only 0.47s separating them and the gold medallists.

TASC says it is grateful to all the sponsors, parents and helpers who assisted at both the gala and the prize-giving.



The winners of Thurso Amateur Swimming Club's 2006 gala show off their prizes at a recent event in Skinandi's nightclub.