

## **Pentland Trophy June 2007**

Thurso ASC renewed its rivalry with Orkney ASC in the annual Pentland Trophy. The friendly rivalry which exists between two of the most northerly swim teams was again present thanks to some enthusiastic cheering from both sides.

The competition was much closer than in previous years, but Thurso's dominance in the relay events proved to be the decisive factor. TASC narrowly beat Orkney by 159 points to 145, allowing team captains Ryan Sutherland and Morven Shuttleworth to collect the Pentland Trophy once again.

The Thurso team comprised the following: 10 and under - Laurence Muller, Tim Ridgley, Nicole Cowie and Emma Budge. 11/12 years - Mark Budge, Shaun Gray, Ellie Spencer, Kelly Tadd and Cassandra Henderson. 13/14 years - Jason Ridgley, Stewart Coulden-Smith, Rhona Cartwright and Shannon Noble. 15/16 years - Ryan Sutherland, Martin Cowie, Craig Spargo, Ashley Mackenzie and Morven Shuttleworth.