

Club Records

Thurso Amateur Swimming Club

February 2017

10 Years and Under - Short Course						
Stroke	Girls	Time	Year	Boys	Time	Year
50 Fly	Gemma Scott	00.37.84	1999	Jordan Bain	00.38.34	2010
100 Fly	Corey Fraser	01.27.85	2015	Neil Jackson	01.27.63	1983
200 Fly	Morag Reid	03.21.00	1977	Eann Munro	03.47.80	1988
50 Back	Janice Adam	00.37.50	1974	Brian Adam	00.37.80	1976
100 Back	Emma Budge	01.21.38	2008	Matthew Coates	01.25.07	1986
200 Back	Janice Adam	03.05.00	1974	Euan Macdonald	02.57.73	2012
200 Back	Morag Reid	03.05.00	1977			
50 Breast	Emma Mill	00.43.68	2015	Matthew Coates	00.41.50	1986
100 Breast	Emma Mill	01.37.10	2015	Matthew Coates	01.28.50	1986
200 Breast	Emma Mill	03.25.98	2015	Matthew Coates	03.22.30	1986
50 Free	Morag Reid	00.32.90	1977	Eann Munro	00.33.76	1988
100 Free	Emma Budge	01.13.87	2008	Euan Macdonald	01.14.67	2012
200 Free	Morag Reid	02.45.20	1977	Kevin Lowcock	02.43.20	1983
400 Free	Morag Reid	05.45.90	1977	Kevin Lowcock	05.42.70	1983
800 Free	Morag Reid	12.21.30	1977	Matthew Coates	12.00.80	1986
1500 Free	Morag Reid	23.34.00	1977	Matthew Coates	22.56.80	1986
100 IM	Corey Fraser	01.25.45	2015	Matthew Coates	01.22.00	1986
200 IM	Morag Reid	02.56.80	1977	Matthew Coates	03.01.00	1986
400 IM	Morag Reid	06.37.20	1977	Jordan Bain	07.23.06	2010

14/15 Years - Short Course						
Stroke	Girls	Time	Year	Boys	Time	Year
50 Fly	Ellie Spencer	00.29.54	2010	Ruairidh Mackay	00.27.70	1996
100 Fly	Ellie Spencer	01.04.01	2010	Craig Spargo	01.01.57	2007
200 Fly	Ellie Spencer	02.25.92	2010	Craig Spargo	02.17.70	2007
50 Back	Emma Budge	00.30.28	2013	Ryan Sutherland	00.29.60	2006
100 Back	Emma Budge	01.04.97	2013	Ryan Sutherland	01.03.46	2006
200 Back	Emma Budge	02.19.23	2013	Craig Spargo	02.17.82	2007
50 Breast	Ellie Spencer	00.34.04	2010	Martin Cowie	00.34.01	2006
100 Breast	Ellie Spencer	01.12.68	2010	Robert Mackay	01.12.25	1993
200 Breast	Ellie Spencer	02.39.58	2010	Robert Mackay	02.38.18	1993
50 Free	Ellie Spencer	00.27.54	2010	Craig Spargo	00.25.69	2007
100 Free	Ellie Spencer	00.58.42	2010	Craig Spargo	00.56.54	2007
200 Free	Rona Plowman	02.08.93	2009	Craig Spargo	02.04.30	2007
400 Free	Ellie Spencer	04.26.34	2010	Craig Spargo	04.25.67	2007
800 Free	Ellie Spencer	09.26.88	2010	Craig Spargo	09.10.71	2007
1500 Free	Rona Plowman	17.57.11	2009	Craig Spargo	17.48.02	2006
100 IM	Ellie Spencer	01.06.96	2010	Craig Spargo	01.06.79	2007
200 IM	Ellie Spencer	02.25.01	2010	Craig Spargo	02.20.19	2007
400 IM	Rona Plowman	05.08.05	2009	Craig Spargo	05.03.81	2007

11 Years - Short Course						
Stroke	Girls	Time	Year	Boys	Time	Year
50 Fly	Emma Mill	00.33.47	2016	John Brock	00.33.90	1974
100 Fly	Emma Mill	01.17.67	2016	John Brock	01.17.20	1974
200 Fly	Gemma Scott	03.02.31	2000	Eann Munro	03.05.86	1989
50 Back	Emma Mill	00.35.00	2016	Matthew Coates	00.35.90	1987
100 Back	Emma Budge	01.16.98	2009	Brian Adam	01.17.90	1977
200 Back	Emma Budge	02.44.30	2009	Lewis Sutherland	02.48.87	2016
50 Breast	Emma Mill	00.39.52	2016	Robert Mackay	00.39.01	1989
100 Breast	Emma Mill	01.27.00	2016	Matthew Coates	01.23.72	1987
200 Breast	Emma Mill	03.13.98	2016	Matthew Coates	03.10.67	1987
50 Free	Emma Mill	00.31.13	2016	Eann Munro	00.31.81	1989
100 Free	Emma Budge	01.08.31	2009	Matthew Coates	01.09.42	1987
200 Free	Emma Budge	02.30.76	2009	Matthew Coates	02.31.83	1987
400 Free	Emma Budge	05.18.79	2009	Jordan Bain	05.23.83	2011
800 Free	Nicola Kemp	13.45.34	1989	Matthew Coates	11.37.10	1987
1500 Free	Nicola Kemp	25.49.01	1989	Eann Munro	22.22.29	1989
100 IM	Emma Mill	01.19.25	2016	Matthew Coates	01.18.00	1987
200 IM	Emma Mill	02.48.05	2016	John Brock	02.51.70	1974
400 IM	Gemma Scott	06.12.05	2000	Matthew Coates	06.08.20	1987

16/17 Years - Short Course						
Stroke	Girls	Time	Year	Boys	Time	Year
50 Fly	Ellie Spencer	00.29.38	2011	Craig Spargo	00.26.51	2009
100 Fly	Rona Plowman	01.03.99	2011	Craig Spargo	00.58.42	2009
200 Fly	Ellie Spencer	02.27.03	2012	Craig Spargo	02.17.46	2009
50 Back	Rona Plowman	00.30.56	2010	Ryan Sutherland	00.29.48	2007
100 Back	Emma Budge	01.04.79	2014	Ryan Sutherland	01.02.97	2007
200 Back	Emma Budge	02.22.59	2014	Ryan Sutherland	02.17.38	2007
50 Breast	Ellie Spencer	00.33.72	2012	Tim Ridgley	00.32.37	2014
100 Breast	Ellie Spencer	01.14.26	2011	Tim Ridgley	01.10.55	2014
200 Breast	Ellie Spencer	02.36.00	2011	Tim Ridgley	02.34.17	2014
50 Free	Rona Plowman	00.26.84	2010	Craig Spargo	00.25.17	2009
100 Free	Ellie Spencer	00.57.76	2011	Ruairidh Mackay	00.54.99	1998
200 Free	Rona Plowman	02.06.05	2010	Craig Spargo	02.02.80	2009
400 Free	Rona Plowman	04.28.72	2010	Craig Spargo	04.20.01	2009
800 Free	Ellie Spencer	09.11.89	2011	Gavin Munro	09.04.72	1986
1500 Free	Rona Plowman	17.39.07	2010	Gavin Munro	17.15.71	1986
100 IM	Rona Plowman	01.05.84	2010	Craig Spargo	01.02.18	2009
200 IM	Ellie Spencer	02.19.80	2011	Craig Spargo	02.17.06	2009
400 IM	Ellie Spencer	05.02.61	2011	Craig Spargo	05.01.73	2009

New Record

12/13 Years - Short Course						
Stroke	Girls	Time	Year	Boys	Time	Year
50 Fly	Katie Mackay	00.31.85	2013	Ruairidh Mackay	00.31.62	1994
100 Fly	Katie Mackay	01.10.64	2013	Craig Spargo	01.10.65	2005
200 Fly	Beverley Allan	02.41.45	1997	Craig Spargo	02.33.88	2005
50 Back	Emma Budge	00.31.86	2011	Steven Mackenzie	00.34.31	2002
100 Back	Emma Budge	01.07.89	2011	Euan MacDonald	01.10.97	2015
200 Back	Emma Budge	02.26.18	2011	Craig Spargo	02.28.87	2005
50 Breast	Emma Budge	00.37.64	2011	William Durrand	00.36.33	1991
100 Breast	Lynn Hardie	01.20.26	1998	Matthew Coates	01.19.04	1988
200 Breast	Gemma Scott	02.57.14	2002	Matthew Coates	02.47.56	1988
50 Free	Emma Budge	00.28.85	2011	Ruairidh Mackay	00.28.32	1994
100 Free	Emma Budge	01.02.34	2011	Craig Spargo	01.02.40	2005
200 Free	Emma Budge	02.15.26	2011	Robert Malcolm	02.12.20	1977
400 Free	Emma Budge	04.44.56	2011	Craig Spargo	04.41.85	2005
800 Free	Emma Budge	09.47.86	2011	Craig Spargo	09.58.68	2005
1500 Free	Emma Budge	19.35.36	2011	Craig Spargo	19.23.85	2005
100 IM	Emma Budge	01.11.34	2011	Euan MacDonald	01.12.25	2015
200 IM	Emma Budge	02.32.72	2011	Euan MacDonald	02.32.58	2015
400 IM	Emma Budge	05.29.45	2011	Craig Spargo	05.25.51	2005

All Ages - Short Course						
Stroke	Girls	Time	Year	Boys	Time	Year
50 Fly	Ellie Spencer	00.29.38	2011	Craig Spargo	00.26.51	2009
100 Fly	Rona Plowman	01.03.99	2011	Craig Spargo	00.58.42	2009
200 Fly	Ellie Spencer	02.25.92	2010	Craig Spargo	02.17.46	2009
50 Back	Emma Budge	00.30.28	2013	Ryan Sutherland	00.29.48	2007
100 Back	Emma Budge	01.04.79	2014	Ryan Sutherland	01.02.97	2007
200 Back	Emma Budge	02.19.23	2013	Craig Spargo	02.16.69	2010
50 Breast	Ellie Spencer	00.33.81	2012	Ranald Cartwright	00.31.75	2013
100 Breast	Ellie Spencer	01.12.68	2010	Tim Ridgley	01.09.37	2015
200 Breast	Ellie Spencer	02.36.00	2011	Tim Ridgley	02.33.47	2015
50 Free	Rona Plowman	00.26.84	2010	David Sutherland	00.25.15	2007
100 Free	Ellie Spencer	00.57.76	2011	David Sutherland	00.54.38	2009
200 Free	Rona Plowman	02.06.05	2010	David Sutherland	01.58.78	2009
400 Free	Ellie Spencer	04.26.34	2010	David Sutherland	04.12.23	2009
800 Free	Ellie Spencer	09.11.89	2011	David Sutherland	09.03.28	2007
1500 Free	Rona Plowman	17.39.07	2010	Gavin Munro	17.15.71	1986
100 IM	Rona Plowman	01.05.84	2010	Craig Spargo	01.02.18	2009
200 IM	Ellie Spencer	02.19.80	2011	Craig Spargo	02.17.06	2009
400 IM	Ellie Spencer	05.02.61	2011	Tim Ridgley	04.57.26	2015

Correction

10 Years and Under - Long Course						
Stroke	Girls	Time	Year	Boys	Time	Year
50 Fly						
100 Fly						
200 Fly						
50 Back						
100 Back						
200 Back						
50 Breast						
100 Breast						
200 Breast						
50 Free						
100 Free						
200 Free						
400 Free						
800 Free						
1500 Free						
200 IM						
400 IM						

11 Years - Long Course						
Stroke	Girls	Time	Year	Boys	Time	Year
50 Fly	Emma Mill	00.37.80	2016			
100 Fly						
200 Fly						
50 Back	Emma Mill	00.40.08	2016	Lewis Sutherland	00.40.76	2016
100 Back	Emma Mill	01.26.36	2016	Lewis Sutherland	01.24.62	2016
200 Back						
50 Breast	Emma Mill	00.43.71	2016	Lewis Sutherland	00.47.01	2016
100 Breast	Emma Mill	01.40.33	2016			
200 Breast	Emma Mill	03.37.35	2016			
50 Free	Emma Mill	00.33.58	2016			
100 Free						
200 Free						
400 Free						
800 Free						
1500 Free						
200 IM	Emma Mill	03.14.30	2016	Lewis Sutherland	03.19.73	2016
400 IM						

12/13 Years - Long Course						
Stroke	Girls	Time	Year	Boys	Time	Year
50 Fly	Katie MacKay	00.32.53	2013	Euan MacDonald	00.33.26	2015
100 Fly	Katie MacKay	01.15.01	2013	Euan MacDonald	01.16.88	2015
200 Fly				Euan MacDonald	03.10.34	2015
50 Back	Lucy McDonald	00.36.36	2016	Euan MacDonald	00.36.27	2015
100 Back	Katie Mackay	01.18.64	2013	Euan MacDonald	01.21.08	2015
200 Back	Emma Mill	02.50.73	2017	Euan MacDonald	02.51.18	2015
50 Breast	Emma Mill	00.41.42	2017	Euan MacDonald	00.40.65	2015
100 Breast	Isla Cartwright	01.30.83	2011	Lewis Sutherland	01.32.80	2017
200 Breast	Alex Mackay	03.31.83	2015	Jack Gunn	03.22.77	2015
50 Free	Katie Mackay	00.30.11	2013	Mark McCoustra	00.31.03	2015
100 Free	Emma Budge	01.04.77	2011	Euan MacDonald	01.09.03	2015
200 Free	Emma Budge	02.20.25	2011	Euan MacDonald	02.35.12	2015
400 Free	Alex Mackay	05.24.46	2015	Mark McCoustra	05.35.45	2015
800 Free						
1500 Free						
200 IM	Katie Mackay	02.45.19	2013	Euan MacDonald	02.49.61	2015
400 IM	Alex Mackay	06.15.40	2015	Euan MacDonald	06.07.99	2015

14/15 Years - Long Course						
Stroke	Girls	Time	Year	Boys	Time	Year
50 Fly	Ellie Spencer	00.30.15	2010	Euan MacDonald	00.28.62	2017
100 Fly	Ellie Spencer	01.05.28	2010	Euan MacDonald	01.11.59	2016
200 Fly	Alex Mackay	02.58.18	2017	Euan MacDonald	02.50.63	2016
50 Back	Emma Budge	00.31.56	2012	Jordan Bain	00.32.77	2015
100 Back	Emma Budge	01.08.34	2012	Euan MacDonald	01.13.38	2016
200 Back	Emma Budge	02.26.08	2012	Euan MacDonald	02.38.02	2016
50 Breast	Ellie Spencer	00.36.29	2010	Euan MacDonald	00.35.87	2017
100 Breast	Ellie Spencer	01.16.89	2010	Craig Yuille	01.18.99	2013
200 Breast	Ellie Spencer	02.47.03	2010	Craig Yuille	02.51.21	2013
50 Free	Ellie Spencer	00.27.59	2010	Jordan Bain	00.28.22	2015
100 Free	Ellie Spencer	01.01.00	2010	Craig Yuille	01.01.03	2013
200 Free	Ellie Spencer	02.11.16	2009	Craig Yuille	02.16.57	2013
400 Free	Ellie Spencer	04.34.68	2010	Euan MacDonald	05.22.34	2017
800 Free	Ellie Spencer	09.28.56	2010			
1500 Free	Rona Plowman	18.24.05	2009			
200 IM	Ellie Spencer	02.25.15	2010	Euan MacDonald	02.34.98	2017
400 IM	Rona Plowman	05.20.43	2009	Euan MacDonald	05.43.61	2016

16/17 Years - Long Course						
Stroke	Girls	Time	Year	Boys	Time	Year
50 Fly	Rona Plowman	00.29.36	2010	Craig Spargo	00.27.50	2009
100 Fly	Ellie Spencer	01.05.04	2011	Craig Spargo	00.59.78	2009
200 Fly				Craig Spargo	02.21.39	2009
50 Back	Rona Plowman	00.31.92	2011	Jamie MacKinnon	00.31.52	2014
100 Back	Rona Plowman	01.08.85	2010	Craig Spargo	01.06.92	2009
200 Back	Rona Plowman	02.31.64	2010	Craig Spargo	02.28.28	2009
50 Breast	Ellie Spencer	00.34.91	2011	Rorie Stewart	00.33.58	2013
100 Breast	Ellie Spencer	01.14.68	2011	Rorie Stewart	01.18.98	2012
200 Breast	Ellie Spencer	02.44.12	2012	Rorie Stewart	02.50.20	2013
50 Free	Rona Plowman	00.27.50	2011	Craig Spargo	00.25.94	2009
100 Free	Ellie Spencer	00.58.68	2011	Craig Spargo	00.56.24	2009
200 Free	Ellie Spencer	02.09.15	2011	Craig Spargo	02.08.57	2009
400 Free	Ellie Spencer	04.28.51	2011			
800 Free	Ellie Spencer	09.19.84	2011			
1500 Free						
200 IM	Rona Plowman	02.24.91	2010	Craig Spargo	02.22.28	2009
400 IM	Ellie Spencer	05.12.01	2012	Craig Spargo	05.08.71	2009

All Ages - Long Course						
Stroke	Girls	Time	Year	Boys	Time	Year
50 Fly	Rona Plowman	00.29.36	2010	Craig Spargo	00.27.50	2009
100 Fly	Rona Plowman	01.04.50	2012	Craig Spargo	00.59.78	2009
200 Fly	Alex Mackay	02.58.18	2017	Craig Spargo	02.21.39	2009
50 Back	Emma Budge	00.31.56	2012	Tim Ridgley	00.30.64	2015
100 Back	Emma Budge	01.08.34	2012	Tim Ridgley	01.06.33	2015
200 Back	Emma Budge	02.26.08	2012	Tim Ridgley	02.28.26	2015
50 Breast	Ellie Spencer	00.34.91	2011	Tim Ridgley	00.33.04	2015
100 Breast	Ellie Spencer	01.14.68	2011	Tim Ridgley	01.11.67	2015
200 Breast	Ellie Spencer	02.44.12	2012	Tim Ridgley	02.42.80	2015
50 Free	Rona Plowman	00.27.27	2012	Craig Spargo	00.25.94	2009
100 Free	Ellie Spencer	00.58.68	2011	Craig Spargo	00.56.24	2009
200 Free	Ellie Spencer	02.09.15	2011	David Sutherland	02.03.41	2009
400 Free	Ellie Spencer	04.28.51	2011	Euan MacDonald	05.22.34	2017
800 Free	Ellie Spencer	09.19.84	2011			
1500 Free	Rona Plowman	18.24.05	2009			
200 IM	Rona Plowman	02.24.91	2010	Craig Spargo	02.22.28	2009
400 IM	Ellie Spencer	05.12.01	2012	Craig Spargo	05.08.71	2009

New Record

Correction

Criteria for club records

Representation

Times may be considered for club records for swimmers who represent the club or if they represent an organisation which the club is constituent part.

This includes: Highland Swim Team, North District (Scotland), Scotland and Great Britain.

This excludes: Other clubs or Representing schools

Level of event

Times will be accepted from any accredited meets.

Times will be accepted from non accredited events organised by TASC if sufficient officials are present. As a guide this will consist of at least two time keepers per lane, one stroke judge and one turn judge per two lanes. If required a club referee may be asked to adjudicate on the suitability of an event.